

PROGRESSIONS:

When aspecting progressions, give no more than 1° orb in each direction. An applying aspect is usually stronger than a waning one. Realize that the slow planets like Jupiter, Saturn and the Transcendentals move as little as 1 to 12 minutes per day and cannot form new aspects every year. The years the aspect is within minutes or being partile - that's the time to watch for its effectiveness.

Remember that aspects formed between progressed planets can cause only TRANSITORY effects and might not even be noticed by the native, whereas aspects formed from the progressed planet to the natal are extremely important.

Always do a minor 'overview' to see the new distribution by element and quality, check if there are any new configurations, if there is a different pattern, if a predominance of planets are above or below, East or West. Also check if a planet is at 29° or 0° , if a planet has changed signs, has changed house position. The same goes for the Ascendant and MC.

The progressed chart shows the life patterns and trends for any particular year; the coiled up energy locked up within the individual is released at a ratio of a day for a year. It is a symbolic picture of what is going on in the individual's thoughts, feelings and attitudes toward life. Attitudes are of the greatest importance, because through them we create our own destiny. Progressions help us determine these attitudes and, we hope, change those that are negative.

TRANSITS ARE THE OUTER WORLD AFFECTING US - PROGRESSIONS ARE THE CHANGES OF OUR CONSCIOUSNESS WITHIN BRINGING THE CORRESPONDING CHANGES OF THE ENVIRONMENT WITHOUT.

Secondary progressions are strictly inward oriented or attitudinal, except for the Secondary Moon which can show us timing and can tick off certain happenings. Solar Arc progressions are partly attitudes and partly timing devices. The Solar Arc Ascendant and MC (often called signficators) and the Sun and Moon can work as timers. At times even Mercury and Venus. In other words. the fastest and most personal points. Transits are always event oriented and as stated above, your attitude toward the event can change the outcome of the event. Most people have a key planet that becomes their timer. I have not found a reason why this particular planet will be the ticker-off. At times it is the chart ruler, at times the final signature (type), at times the most aspected or the highest placed - no set pattern unfortunately. So go back in your own life and see how aspects affected you by progression, then you may be able to determine what they will do in the future.

ALWAYS KEEP THE NATAL CHART IN MIND. A natal square which by progression becomes a trine is the ideal timer to use the challenge and action of the square in the flow of the trine. A progressed square of two planets that natively had no aspect or an easy one, is not going to work as tension producing as a natal square becoming square again by progression. Very important and always key times in the life of the individual are progressed and or transits ticking off a grand configuration. This is most noticeable when a natal T square becomes a grand cross by progression. A dynamite aspect.

TRANSITS: Why do we seem more relaxed or in a better mood one day than the other? Maybe Venus is transiting over our Sun or Moon. Fleeting but pleasant and we respond to it unconsciously. Nerves on edge? Maybe Mercury is transiting over natal Mars. Kind of blue? Maybe Mercury is going over Saturn. On the other hand when Saturn transits over natal Mercury it will last much longer and calls for patience, because Saturn moves slowly and thus will transit over Mercury for quite a while, and it will conjunct it 3 times since it advances, retrogrades and then advances again. THE LONGER THE TRANSIT, THE MORE FAR-REACHING ITS EFFECT. This aspect by the way is excellent for concentrating and studying. Saturn transiting the second house for example is a good time to make resources more permanent, be they skills of finances; by stabilizing your affairs you would be handling Saturn's energies positively. After all Saturn is the necessity principle. These just a few examples to show you the different applications of transits.